

DEPARTMENT OF PHYSICAL EDUCATION

Annual report 2022-2023

The activities of Physical Education and sports for the year 2019-20 has begun with the International yoga day on 21st June 2021. The college has celebrated the international Yoga day with a one month yoga practice given to the students. The practice was held in College seminar hall from 20th June 2021. Ms. AkhithaSasi, Qualified Teacher in Yoga had handled the session. Around 30 students have attended the session for one month.

- The college Table Tennis team were the **Winner in the APJAKTU –A zone Table Tennis Tournament** which was held at College of Engineering Trivandrum on 26th and 27th October 2022. The following is the team went for participation.

Sl No.	Name of the Student	Class
1.	Krishnagadha M H	S7 CSE
2	Angel Jolly	S7 CSE
3	Devi Krishna V S	S7 CSE
4	Gowri A	S3 CSE
5	Kaveri	S3 CSE

The team represented APJAKTU –A Zone in the All Kerala Interzone Tournament held at FISAT College, Angamaly on 2nd and 3rd November 2022. Ms. Krishnagadha MH (S7 CSE) has selected to the team of the APJAKTU University. Her team has participated in All India Inter University (South Zone) Table Tennis Tournament held at Jain University, Bangalore from 14.11.2022 to 16.11.2022.

- The college Handball team were the **Second runner up in the APJAKTU –A zone Basketball Tournament** which was held at College of Engineering Trivandrum on 28th and 29th November 2022. The following is the team went for participation.

Sl No.	Name of the Student	Class
1.	Devika P snathosh	S7 CSE
2	Archana T Dharan	S5 IT
3	Pooja Asok	S5 CSE
4	JigmetSkindon	S1 CE
5	Nidha Mohammed Sageer	S3 CSE
6	Theertha Sreekumar	S5 CSE
7	Alfina S	S3 IT
8	Meenakshi Naveen	S1 IT
9	Lekshmipriya S	S5 CE
10	Neveditha S	S5 AE
11	J H Nandini	S3 CE
12	Gopika J	S1 CSE

- The college Handball team were the **Winner in the APJAKTU –A zone Handball Tournament** which was held at College of Engineering Trivandrum on 2nd and 3rd December 2022. The following is the team went for participation.

Sl No.	Name of the Student	Class
1.	Devika P snathosh	S7 CSE
2	Archana T Dharan	S5 IT

3	Pooja Asok	S5 CSE
4	Shreya Shailesh	S1 CSE
5	Nidha Mohammed Sageer	S3 CSE
6	Theertha Sreekumar	S5 CSE
7	Adithya S	S3 CSE
8	Meenakshi Naveen	S1 IT
9	Lekshmipriya S	S5 CE
10	Urmila L R	S7 AE
11	J H Nadini	S3 CE

The team represented APJAKTU – A Zone in the All Kerala Interzone Handball Tournament held on December 2nd and 3rd 2022 at Eranad Knowledge city , Manjeri, Malappuram

- The college Kho- Kho team participated in **the APJAKTU –A zone Kho-Kho Tournament** which was held at College of Engineering Trivandrum on 28th and 29th November 2022. The following is the team went for participation.

Sl No.	Name of the Student	Class
1.	NilnaKuriachan	S7 ECE
2	Aparna Pillai	S5 IT
3	Devaranjini P	S5 IT
4	Adithya Binu	S1 CE
5	Sanika GS	S7 AE
6	Ashmitha B S	S7 AE
7	Urmila L R	S7 AE
8	Megha S Nair	S1 CE

9	Surya Jayakumar	S5 AE
10	Ananta CS	S3 CE
11	Swetha S	S1 CSE
12	NismaReyasath	S1 IT
13	Sreelakshmi A S	S5 CE
14	Maria Philo James	S5 CSE

- Our College participated in APJAKTU **All Kerala Athletic Tournament held at Chandrasekaran Nair Stadium from 27.04.2023 to 29.04.2023** . Our Team members secured positions in various events. The result is as follows:

Sl No.	Name of the Student	Class	EVENT	POSITION	PERFORMANCE
1.	J H NANDINI	S6 CE	400 M	VII	01.24.85 Min
2	SANIKA S G	S8 AE	1500 M	VIII	07.06.67 Min
3	ASHMITHA B S	S8 AE	Triple Jump	VI	07.76 Mtr

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