



LBS INSTITUTE

OF TECHNOLOGY FOR WOMEN

(A Government of Kerala Undertaking)

DEPARTMENT OF PHYSICAL EDUCATION

ANNUAL REPORT 2023-24

A huge number of students from our college have actively participated in the intercollegiate tournaments during the year 2023-24. APJAKTU University has conducted various tournaments as per the availability of the facilities in the colleges under the university. Among that as per the interest and involvement of the students in sports and games, we coordinated teams and participated in various games. Students from LBSITW have participated in the following tournaments during the year 2023-24

1. SHUTTLE BADMINTON
2. CHESS
3. BASKETBALL
4. HANDBALL
5. NETBALL
6. TABLE TENNIS
7. KHO-KHO
8. ATHLETICS

In this year our Chess team player Ms. Arundhathi R Nair (S1 IT) represented APJAKTU University in All India Inter University Chess Tournament held on Dr. Ambedkar University , Chennai, Tamilnadu. Also, Our players could achieve second position in APJAKTU A-Zone Shuttle Badminton (W) Tournament, third position in APJAKTU All Kerala Shuttle Badminton tournament held at NSS Palakkad. Our Handball team could achieve fourth position in APJAKTU A- Zone Handball tournament. The list of the student who participated in various tournaments are listed below.

Shuttle Badminton- 2nd Position In APJAKTU A- Zone Tournament held At CET, Trivandrum, 3rd Position In All Kerala APJAKTU Tournament Held At NSS College Palakkad

SL NO	NAME OF THE STUDENT	CLASS
1	S Srilekshmi Warriar	S1 ERE
2	Vandana Gopan	S1 CSE2
3	Adithi T R	S1 ECE

Chess - Ms. Arundhathi R Nair (S1 IT) represented APJAKTU University in All India Inter University Chess Tournament held on Tamilnadu

SL NO	NAME OF THE STUDENT	CLASS
1	Arundhathy R.Nair	S1 IT
2	Kavya V B	S3 ECE
3	Amrutha Madhu	S3 CE
4	Carolin Suresh	S3 ECE
5	Nandana Rajesh K P	S3 CSE
6	Keerthana Manoj	S3 CSE

Handball – Secured 4th position in APJAKTU Handball Tournament held at Trinity college Trivandrum

SL NO	NAME OF THE STUDENT	CLASS
1	Theertha Sreekumar	S7 CSE
2	Archana T Dharan	S7 IT
3	Pooja Asok A	S7 CE
4	Adithya S	S7 CSE
5	Meenakshi Naveen	S3 IT
6	Lekshmi Priya S	S7 CE
7	VandanaGopan	S1 CSE
8	Devamithra K H	S1 IT
9	Bhagyasree Kishore Menon	S1 ERE
10	Gopika Udayan	S1 IT
11	Anugraha Elsa Jimmy	S1 ECE
12	Jyothika Padmakumar	S1 ECE
13	AnsI S S	S5 ECE
14	Anu Koshy	S3 IT
15	C R Ancy John	S5 IT
16	Nidhi B M	S1 ECE

Netball - – Participated in APJAKTU A- zone Netball Tournament held at Mar Baselios College of Engineering and Technology, Trivandrum

SL NO	NAME OF THE STUDENT	CLASS
1	Theertha Sreekumar	S8 CSE
2	Archana T Dharan	S8 IT
3	Meenakshi Naveen	S4 IT
4	Adithya S	S8 CSE
5	Gopika J	S4 CSE
6	Bhagyasree Kishore Menon	S2 ERE
7	Gopika Udayan	S2 IT
8	Anugraha Elsa Jimmy	S2 ECE
9	Jyothika Padmakumar	S2 ECE
10	Gopika Udayan	S2 IT
11	Devamithra K H	S2 IT

Basketball – Participated in APJAKTU A- zone Basketball Tournament held at Mohandas College, Trivandrum

SL NO	NAME OF THE STUDENT	CLASS
1	Theertha Sreekumar	S7 CSE
2	Archana T Dharan	S7 IT
3	Pooja Asok A	S7 CE
4	Meenakshi Naveen	S3 IT
5	Lekshmi Priya S	S7 CE
6	Gopika J	S3 CSE
7	Bhagyasree Kishore Menon	S1 ERE
8	Gopika Udayan	S1 IT
9	Anugraha Elsa Jimmy	S1 ECE
10	Jyothika Padmakumar	S1 ECE
11	Gopika chandran L B	S1 IT
12	Devamithra K H	S1 IT

Table Tennis - Participated in APJAKTU A- zone Table Tennis Tournament held at, CET Trivandrum

SL NO	NAME OF THE STUDENT	CLASS
1	Gowri A	S5 CSE
2	Kaveri B	S7 CSE
3	Aiswarya S	S1 CSE

Kho-Kho - Participated in APJAKTU A- zone Kho-Kho Tournament held at Sreepadam Stadium, Trivandrum

SL NO	NAME OF THE STUDENT	CLASS
1	Nila A S	S7 ECE
2	Arya Nanda S M	S1 IT
3	Nisma Reyasath	S3 IT
4	Swetha S	S3 CS
5	Adithya Pallavi SP	S3 ERE
6	B. Krishna Suresh	S1 CE
7	Neha P	S3CS
8	Theertha Prasad	S1 ECE
9	Megha S Nair	S3 CE
10	Devika viswom	S3 IT
11	Adithya binu	S3 CE
12	Sreelakshmi A S	S7CE

Our College's Annual Athletic meet ESCAPADE 2024 was held on 27.02.2024 at University Stadium Thiruvananthapuram. The meet was inaugurated by Dr. M Abdul Rahiman, Director LBS Centre for Science and Technology. After the flag hoist, both track and field events started. The meet came to and end at 4.00 PM. List of the winners are as follows:

Annual athletic meet 2023- 24 held at University Stadium on 27.02.2024

100 M

Position	Name	Class
1	SREENANTHA S D	S2 CE
2	PARVATHY JAYAKUMAR	S6IT
3	ADITHYA BINU	S4 CE

200 M

Position	Name	Class
1	DEVAPRIYA D J	S2 IT
2	KRISHNA SURESH	S2 CE
3	SAI GAYATHRI J S	S6 ECE

400 M

Position	Name	Class
1	ADITHYA PALLAVI	S4 ERE
2	DEVAMITHRA K H	S2 IT
3	DRISHYA N	S4 ERE

800 M

Position	Name	Class
1	DEVAMITHRA K H	S2 IT
2	RIHIKAV H	S2 IT
3	DEVIKA C	S2 CSE 1

1500 M

Position	Name	Class
1	KRISHNA SURESH	S2 CE
2	GREESHMA S BABU	S8 EC
3	SAI GAYATHRI J S	S6 EC

DISCUSS THROW

Position	Name	Class
1	LEXMITHA N	S2 CS
2	BHAGYSREE KISHORE	S2 ERE
3	NIVEDHA	S4 CE

LONG JUMP

Position	Name	Class
1	KRISHNA SURESH	S2 CE
2	SHYAMA M S	S2 IT
3	MALAVIKA	S4 CS

SHOTPUT

Position	Name	Class
1	NIVEDHA D S	S4 CE
2	DEVAMITHRA K H	S2 IT
3	ANSI S S	S6 ECE

Dr. SREEJA U BHASI
Assistant Professor, Physical Education