



LBS INSTITUTE

OF TECHNOLOGY FOR WOMEN

(A Government of Kerala Undertaking)

DEPARTMENT OF PHYSICAL EDUCATION

ANNAUL REPORT 2024-25

A huge number of students from our college have actively participated in the intercollegiate tournaments during the year 2024-25. APJAKTU University has conducted various tournaments as per the available facilities in the colleges under the university. Among that as per the interest and involvement of the students in sports and games, we coordinated teams and participated in various games. Students from LBSITW have participated in the following tournaments during the year 2024-25

- | | |
|----------------------|--------------------------------|
| 1. CHESS | 4. VOLLEYBALL |
| 2. SHUTTLE BADMINTON | 5. BASKETBALL |
| 3. HANDBALL | 6. Athletics (Intramural only) |

1. CHESS

In this year our Chess team player Ms. Arundhathi R Nair (S1 IT) **won gold medal for India** (55 Kg category) in the Asian Chess- Boxing Championship held at Kolkatta July 2023. She qualified for the world Chess boxing championship to be held at Armenia.



2. SHUTTLE BADMINTON

Shuttle Badminton- 2nd Position In APJAKTU A- Zone Shuttle Badminton Tournament held at CET, Trivandrum, 3rd Position In All Kerala APJAKTU Tournament Held at St. Thomas Pala on 14.10.2024. List of Students are as follows:

SL.NO.	NAME OF THE STUDENT	CLASS
1	S Srilekshmi Warriar	S3 ERE
2	Vandana Gopan	S3 CSE2
3	Adithi T R	S3 ECE
4	S Meera	S1 CSE3
5	Alfiya N	S5 ERE

At CET, Trivandrum



At St. Thomas Pala



3. HANDBALL

2nd Position In APJAKTU A- Zone Handball Tournament held at CET, Trivandrum on 28.01.2025. List of Students are as follows:


SL. NO.	NAME OF THE STUDENT	CLASS
1	Meenakshi Naveen	S8 IT
2	Anugraha Elsa Jimmy	S4 ECE
3	Devamithra K H	S4 IT
4	Ganga Arun	S2 EC
5	Vandana Gopan	S4 CSE
6	Gayana Nambiar	S2 CE
7	Devasree S	S4 EC
8	B Krishna Suresh	S4 CE
9	Nidhi B M	S4 EC
10	Hridya M Binu	S4 CS
11	Sreelekshmi J	S4 EC
12	Tania Sophy Jose	S2 CSE
13	Chithrpriya S	S4 CS
14	Devika V	S4 CE



5. VOLLEYBALL

Our Volleyball ball team secured third place in in the APJAKTU A- Zone Volleyball Tournament held at Valiyakoonambaikulathamma College

SL. NO.	NAME OF THE STUDENT	CLASS
1	B Krishna Suresh	S4 CE
2	Devasree S	S4 EC
3	Adithya	S4 CS1
4	Jyothika Padmakumar	S3 ECE
5	Hridya M Binu	S1 CSE2
6	Vidya	S2 CSE2
7	Sreelekshmi J	S3 ECE
8	Devamithra K H	S3 IT
9	Nidhi B M	S4 ECE
10	Anugraha Elsa Jimmy	S4 ECE
11	Adithi T R	S4 ECE
12	Nandana	S4 CSE2



4. BASKETBALL

Our Basketball ball team participated in the APJAKTU A- Zone Basketball Tournament held at Mohandas college of Engineering, Anad, Nedumangad. List of Students are as follows:

SL. NO.	NAME OF THE STUDENT	CLASS
1	Meenakshi Naveen	S8 IT
2	Jyothika Padmakumar	S4 ECE
3	Devamithra K H	S4 IT
4	Ganga Arun	S2 EC
5	Bhagyasree Kishore Menon	S4 CSE
6	Gayana Nambiar	S2 CE
7	Devasree S	S4 EC
8	B Krishna Suresh	S4 CE
9	Nidhi B M	S4 EC
10	Hridya M Binu	S4 CS
11	Tania Sophy Jose	S2 CSE
12	Chithrpriya S	S4 CS

ANNUAL ATHLETIC MEET 2024-25

ON 15TH FEBRUARY 2025 AT UNIVERSITY STADIUM PALAYAM,
THIRUVANANTHAPURAM

RESULTS

B.TECH

100 MTS

POSITION	NAME	CLASS
I	ASHLEY ANTO	S8 CS
II	ATHIRA S J	S2 CE
III	S MEERA	S2 CSE 3

200 MTS

POSITION	NAME	CLASS
I	SREENANDA S D	S4 CE
II	TANIA SOPHY JOSE	S2 CS
III	J H NANDINI	S8 CE

400 MTS

POSITION	NAME	CLASS
I	B KRISHNA SURESH	S4 CE
II	S MEERA	S2 CS 3
III	TANIA SOPHY JOSE	S2 CS3

800 MTS

POSITION	NAME	CLASS
I	PARVATHY JAYAKUMAR	S8 IT
II	B KRISHNA SURESH	S4 CE
III	JIGMET DOLKAR	S2 CE

LONG JUMP

POSITION	NAME	CLASS
I	ATHIRA S J	S2 CE
II	ANAMIKA J K	S2 ERE
III	SHIVANI SATHYA	S2 ERE

DISCUS THROW

POSITION	NAME	CLASS
I	JITHINSHA T K (25.6 Mts)	S2 EC
II	GANGA ARUN (17.59 Mts)	S2 ERE
III	RIYA MARY VINSON (15.11Mts)	S2 CSE3

SHOT PUT

POSITION	NAME	CLASS
I	JITHINSHA T K (7.01 Mts)	S2 EC
II	HAFLA K H (6.3 Mts)	S4 IT
III	GANGA ARUN (5.97 Mts)	S2 ERE

4 x 100 MTS RELAY

POSITION	NAME	CLASS
I	J H NANDINI	S8 CE
	B KRISHNA SURESH	S4 CE
	SRINANDA S D	S2 CE
	ATHIRA	S2 CE
II	SIVANI SATHYA S M	S2 ERE
	BHADRA S	S2 ERE
	ANAMIKA J K	S2 ERE
	AVANTHIKA S RAJ	S2 ERE
III	DIYA ANI	S5 ECE
	SHEHNA SHOUKATH	S2 ECE
	NITHYA J SHINE	S2 ECE
	CHANDANA CHANDRAN	S2 ECE

DIPLOMA

Poly technique students at LBSITW have participated in All Kerala Polytechnic College Sports Meet South Zone 2024-25.

Shuttle Badminton- Participated in South- Zone Shuttle Badminton Tournament held at Nova Badminton Academy, Kovalam from 4th February 2024 to 6th February 2024. List of Students are as follows:

SL NO	NAME OF THE STUDENT	CLASS
1	AISWARYA S	S2 EC
2	ALEENA S M	S2 CS
3	FATHIMA NA JUNAID	S2 CS
4	SMRITHI S S	S2 CS
5	SNEHA REJANEESH	S2 CS

ATHLETICS - Participated in All Kerala Poly Technique College Sports Meet held at Chandrasekharan Nair Stadium from 4th March 2024 to 6th March 2024. List of Students are as follows:

SL NO	NAME OF THE STUDENT	CLASS	ITEMS
1	ALEENA L S	S2 CS	200M, 800M HIGH JUMP
2	ALEENA S M	S2 CS	100M, 4X 100 M RELAY
3	NANDANA NAIR A S	S2 CS	HIGH JUMP, SHOT PUT
4	GAYATHRI B	S2 CS	400 M, LONG JUMP
5	ASWANY S J	S2 CS	DISCUS, 4X100 M RELAY
6	KEERTHANA V T	S2 CS	200 M, 4 X 100 M RELAY
7	ANIE V R	S2 CS	DISCUS THROW
8	JEENA JOHN	S2 CS	100M, 800M, SHOTPUT, 4X100 M RELAY
9	SANDRA B A	S2 CS	400M, LONG JUMP

ANNUAL ATHLETIC MEET 2024-25

**ON 15TH FEBRUARY 2025 AT UNIVERSITY STADIUM PALAYAM,
THIRUVANANTHAPURAM**

RESULTS

100 MTS

POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
II	ALEENA S M	S2 CSE
III	ASWANI S J	S2 CSE

200 MTS

POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
II	KEERTHANA	S2 CSE
III	ALEENA L S	S2 CSE

400 MTS

POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
II	GAYATHRI B	S2 CSE
III	ANNAMMA DOMINIC	S2 CSE

LONG JUMP

POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
II	GAYATHRI B	S2 CSE
III	SANDRA B A	S2 CSE

SHOT PUT

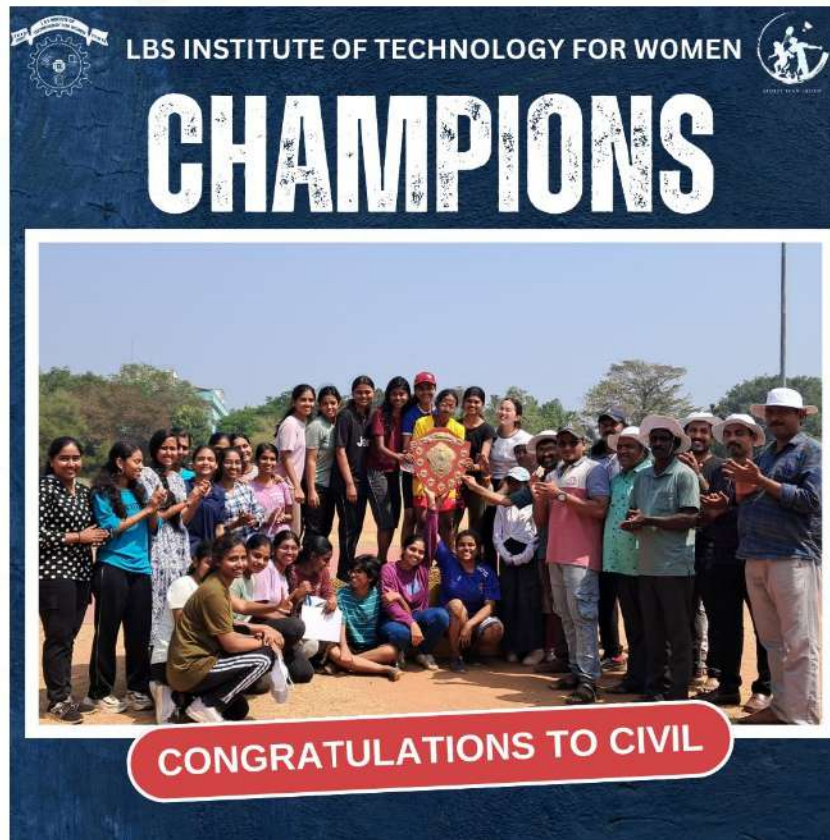
POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
II	NANDNA NAIR	S2 CSE
III	GAYATHRI B	S2 CSE

DISCUS THROW

POSITION	NAME	CLASS
I	ASWANI S J (12.13 Mts)	S2 CSE
II	GAYATHRI B (10.59 Mts)	S2 CSE
III	ANIE V R (10.37 Mts)	S2 CSE

4 X 100 Mts. RELAY

POSITION	NAME	CLASS
I	JEENA JOHN	S2 CSE
	GAYATHRI B	S2 CSE
	ANNAMMA DOMINIC	S2 CSE
	ALEENA L S	S2 CSE



DR. SREEJA U BHASI
ASSISTANT PROFESSOR
LBS INSTITUTE OF TECHNOLOGY FOR WOMEN